

City and Hackney Integrated
Mental Health Network - briefing
to Health in Hackney Scrutiny
Commission on 21 Sept 22

Jennifer Millmore, Senior Public Health Specialist

Current Service



Important Strengths Maintained

Holistic, person centred approach

Includes support around wider determinants, such as employment, debt and isolation

Flexible offer

Wide range of therapeutic and non-therapeutic support interventions, allowing for a tailored and flexible offer

Focus on recovery and independence

Sustainable change, lasting benefits and reduced demand on services

Addresses Health Inequalities

Cultural & community specific offer

Range of voluntary sector providers embedded in local communities

Alternative to the NHS

- Some residents have trust concerns re the NHS
- Residents with high MH need but no diagnosis

Key Changes

Increased focus on complex needs

Stronger emphasis on partnership working

More integrated and efficient service

Infrastructure to support community and peer led activities

Clearer service offer and promotion

More flexibility to adapt to population need and external changes

Requirement for continuous improvement and development

Complex Mental Health Needs:

Challenging life circumstances that are closely interrelated with and exacerbate mental health problems. These can be environmental, social, biological and psychological factors. When these complexities are significant they can make addressing mental health problems more challenging to address in isolation.

These could include a wide range of factors including having housing difficulties, debt, isolation, experience of domestic violence, learning disabilities or neurodivergence, physical health conditions or disabilities, experience of discrimination or being digitally excluded.

Any questions

